

CONTEMPLATIVE OUTREACH NEWS

Volume 6, Number 2 • Fall 1992

The Centering Prayer Method

By Father Thomas Keating

Recently, Mother Angelica's satellite television network EWTN aired a 13 part series entitled, "The New Age: Satan's Counterfeit." In the third segment of the series Centering Prayer is identified with New Age aberrations and with Eastern religions. The following clarifications are in order concerning the specific allegations brought against Centering Prayer in this series.

1. Centering Prayer is a traditional form of Christian prayer rooted in Scripture and based on the monastic heritage of "Lectio Divina". It is not to be confused with Transcendental Meditation or Hindu or Buddhist methods of meditation. It is not a New Age technique.

Centering Prayer is rooted in the word of God, both in scripture and in the person of Jesus Christ. It is an effort to renew the Christian contemplative tradition handed down to us in an uninterrupted manner from St. Paul, who writes of the intimate knowledge of Christ that comes through love.

Centering Prayer is designed to prepare sincere followers of Christ for contemplative prayer in the traditional sense in which spiritual writers understood that term for the first sixteen centuries of the Christian era. This tradition is summed up by St. Gregory the Great at the end of the sixth century. He describes contemplation as the knowledge of God impregnated with love. For Gregory, contemplation was the fruit of reflection on the word of God in Scripture as well as the precious gift of God. He calls it, "resting in God". In this "resting", the mind and heart are not so much seeking God as beginning to experience, "to taste", what they have been seeking. This state is not the suspension of all activity, but the reduction of many acts and reflections into a single act or thought to sustain one's consent to God's presence and action.

2. Centering Prayer does not "empty the mind" or "exclude other forms of prayer." It is not a "technique that automatically creates mysticism" or a means "to reach an altered state of consciousness."

It is important not to confuse Centering Prayer with certain Eastern techniques of meditation such as Transcendental Meditation. The use of the Sacred Word in Centering Prayer does not have the particular calming

effect attributed to the TM mantra. Nor is the Sacred Word a vehicle leading to the spiritual level of one's being as it is in TM. There is no cause-and-effect relationship between using the Sacred Word and arriving at some altered state of consciousness. The Sacred Word is merely the symbol of the consent of one's will to God's presence and action within based on faith in the doctrine of the Divine Indwelling. The Sacred Word is simply a means of reaffirming our original intention at the beginning of our period of prayer to be in God's presence and to surrender to the divine action when we are attracted to some other thought, feeling or impression.

Throughout the period of Centering Prayer, our intention predominates: the movement of our will to consent to God's intention, which according to our faith, is to communicate the divine life to us. Hence, unlike TM, Centering Prayer is a personal relationship with God, not a technique.

3. Centering Prayer is designed to deepen the theological virtues of faith, hope and charity and to develop the most ancient of all Christian methods, the practice of Lectio Divina leading to contemplation.

Centering Prayer is fundamentally two things at the same time: first, the deepening of our personal relationship with Christ developed through reflection on scripture; and second, a method of freeing ourselves from attachments that prevent the development of this relationship and the unfolding of the theological virtues of faith, hope, and love. It reduces the tendency to overactivity in prayer and to depending excessively on concepts in order to go to God. In short it reduces the obstacles in us, especially selfishness, so that we become sensitive to the delicate inspirations of the Holy Spirit that lead to divine union.

This form of prayer was first practiced and taught by the Desert Fathers of Egypt, Palestine and Syria, including Evagrius, John Cassian and St. John Climacus. It has representatives in every age, e.g. in the Patristic age, St. Augustine and St. Gregory the Great in the West, and Pseudo-Dionysius and the Hesychasts in the East: in the Middle Ages, St. Bernard of Clairvaux, William of St. Thierry, and Guido the Carthusian; the Rhineland mystics including St. Hildegard, St. Mechtilde, Meister Eckhart, Ruysbroek, and Tauler; later the author of the Imitation of

continued on page 2

Christ and the English mystics of the 14th Century such as the author of **The Cloud of Unknowing**; Walter Hilton, Richard Rolle, and Julian of Norwich; after the Reformation, the Carmelites St. Teresa of Avila, St. John of the Cross and St. Therese of Lisieux; among the French school of spiritual writers, St. Francis de Sales, St. Jane de Chantal and Cardinal Berulle; among the Jesuits, Fathers De Caussade, Lallemond and Surin; among the Benedictines, Dom Augustine Baker and Dom John Chapman; among modern Cistercians, Dom Vital Lehodey and Thomas Merton.

Over the centuries ways of cultivating contemplative prayer have been called by various names corresponding to the different forms they have taken. Thus we have Prayer of Faith, Prayer of the Heart, Pure Prayer, Prayer of Simplicity, Prayer of Simple Regard, Active Recollection, Active Quiet, and Acquired Contemplation. In our time a number of initiatives have been taken by various religious orders, notably by the Jesuits and Discalced Carmelites, to renew the contemplative orientation of their founders and to share their spirituality with lay persons. The method of Centering Prayer is a further attempt to present the teaching of earlier times in an updated format and to make it available to ordinary people who are experiencing a hunger for a deeper life of prayer and for a support system to sustain it.

.....
Notes from Old and New Friends

"I want to thank you for the work that you do . My capacity to live grows daily through my practice of Centering Prayer". Austin, TX

"It is with a grateful heart that I forward this very small contribution to you to continue the beautiful work of the Contemplative Outreach Ministry". Ludlow, VT

"I met Fr. Thomas Keating years ago. I was very much moved by him, both by his presentations and his joyful manner. My life has changed because of Fr. Thomas's inspiration, I am now enrolled in RCIA until Easter when I will become a Catholic". Durham, NC

"Through a recent Workshop I was reawakened to the seeds of Contemplation that had gone dormant in my life. It's good to know that your network is there. I am sure your work will make a difference in the world, keep it up!"
San Dimas, CA

THE ROLE OF FACILITATOR OF A CENTERING PRAYER GROUP

Contemplative Outreach, world-wide, has upwards of 700 Centering Prayer groups. In each of these groups, one or two people have committed themselves to facilitating the group. The primary role of the facilitator is to provide the space and the physical arrangements necessary for the group to meet. Even though it is the Holy Spirit who prays within us and who is truly in charge of the group, it may be helpful to reflect on the role of the facilitator.

Being a facilitator means:

... Opening to the presence and action of God within.

... Providing for others the means to experience the presence and action of God within.

... Providing an atmosphere of welcome and affirmation so that a relationship based on mutual trust and understanding can be developed by all in the group.

... Guiding the group in the ways of the Spirit, so that each member may be open to receiving the charismatic gifts of the Spirit (Cor. 12:1-13).

... Experiencing the meaning of the scripture:
"Where two or more are gathered in my name, there I am."

The rewards of being a facilitator are many:

... The facilitator's own prayer practice deepens in direct relationship to the commitment to the group. This is true of the members of the group as well, and is due in no small measure to the bonding which takes place within the group.

... By letting go of any desire to "control" the group, the facilitator (and the members also) experience the gifts of the Spirit, i.e. wisdom, understanding, counsel, strength, knowledge, and fear of the Lord (Is. 11:2).

... The facilitator is afforded an opportunity to perfect the gift of charity by giving oneself to God in the service of His people.

The spiritual journey sometimes seems long and arduous but having companions on the journey, especially in the role of a good facilitator, is a wonderful blessing.

Doris Curley
New York City

PLEASE NOTIFY THE NATIONAL OFFICE WITH ANY CHANGES TO YOUR MAILING ADDRESS OR IF YOU RECEIVE DUPLICATE MAILINGS. THANK YOU!

CENTERING PRAYER A LIFE CHANGING PRAYER A LIFE CHALLENGING PRAYER

One day I was sitting in my rectory when an interruption disturbed my peace. The inquirer was looking for a place to meet for a Centering Prayer group, where there would be quiet and they would not be disturbed. A group of about fifteen lay people formed a support prayer group after listening to Fr. Keating's "Introduction to the Centering Prayer Practice." The video tapes were his retreat talks on the Spiritual Journey.

It sounded like a worthy cause. Every other kind of self-help and support group was using space in the school. My own prayer life was on a down swing with the demands of parish administration taking my energies and leaving me too tired to pray. I began finding my way over to this newest of the support groups to absorb their energy of silent prayer and watch the videos. They were an easy group to be with, nobody talked, twenty minutes of quiet, and no complaints. I began to practice the prayer daily, for twenty minutes in the morning and another twenty minute siesta in the afternoon.

Soon I experienced a revitalization of my prayer life and decided to make a 10 day intensive in Snowmass. The rest is history. Centering Prayer taught me the importance of surrender and made it possible for me to let go of my responsibilities of being a pastor. I am now an itinerant preacher, traveling weekly from place to place to preach on behalf of Food For the Poor and to present Introductory Workshops in the Method and Practice of Centering Prayer throughout the country.

As a priest of the Blessed Sacrament I have found these two ministries to be "Eucharistic." Both place Christ at the center and both produce the fruit of small faith communities. Contemplative Outreach is a lay movement or actually, "a network of small faith communities committed to the process and teaching of Christian transformation through the regular practice of Centering Prayer."

Contemplative Outreach has been most beneficial in my life. This lay prayer movement is geared toward busy people who have multiple obligations to meet each day. Their commitment to prayer, to setting aside time for silent union with the divine indwelling Presence, has been the help I needed to renew this practice in my daily life.

Centering Prayer has not only been life changing but also life challenging. The prayer periods at times are not very satisfying, but I would not say that about my daily life. As a pastor I had some days that were not satisfying. In my new ministry my days are both full and challenging. The prayer has raised my consciousness to the people around me and especially to the poor. Combining the ministry of Contemplative Outreach and Food for the Poor is a prayer seeking justice. The vision of FFP is to forge a link of mutual ministry and aid which will enable the work of God to flow in both directions between the Christians of the

First World and those of the Third World. Both communities become bound together in commitments of prayer and relationship, sharing as sisters and brothers the universal love of God. This is the fruit of Centering Prayer, our oneness in the Lord.

Centering Prayer is a call to radical conversion. It leads us to give attention to the human distress about us. The cry of the poor, in their hunger for bread and justice, become the Lord's own voice inviting his people to feel the deep compassion that moved him and to share his life and mission on their behalf. What is needed for justice is transformation of our hearts. This happens in the silence of a prayer in which the Lord liberates us from our false self. Once we touch our own inner poverty we are free to share in solidarity with the world's poor.

I would be happy to come and offer a day of prayer or parish mission with any group that would like to know more about the Eucharist and Centering Prayer as it challenges us to a life of justice and peace.

Fr. Bill Fickel, SSS
Cleveland, Ohio
216-442-3411

May 2, 1992 Teleconference

Contemplative Outreach United in Prayer: Teleconference Intensive Day of Prayer was held on Saturday, May 2, 1992. There were 595 persons in attendance. There were 39 planned receiving sites with 28 sites reporting the outcome of the day. The evaluations proved that the day was a great success. Due to illness Fr. Thomas was unable to be in the studio but participated in the teleconference via telephone link from St. Benedict's Monastery. A panel consisting of Mary Mrozowski, Fr. Carl Arico, Sister Mary Margaret Funk, Daniel Trautman, and Gail Fitzpatrick-Hopler were broadcast live from the Denver studio. The topic *The Effects of Centering Prayer in Daily Life* was well chosen and seemed to address the needs of the participants. It was clear from the evaluations that the panel format offered more diversity for the viewers. The day of silence seemed to deepen the sense of community united across the country.

One of the participants said: "This is the first teleconference I have been involved in. I am so pleased that it was incorporated into a silent day of prayer with people throughout the country. Fr. Thomas' message of love and acceptance was a blessing on the panel and on all of us. I would like to see the panel format continue with Fr. Thomas as a part of it."

We hope many more of you will attend our next Teleconference/Intensive Day of Prayer on **Saturday, March 27, 1993**. If you are interested in hosting a teleconference in your area or, if you wish to attend the day contact: National Office, POB 737, Butler, New Jersey 07405 - (201) 838-3384.

UPDATES

CHRYSALIS HOUSE, WARWICK, NEW YORK

Chrysalis House continues in its charism as a community committed both to the contemplative journey and to developing new processes for others to share, and grow in that journey. September saw the beginning of our fourth annual course, "The Practice of Contemplative Living". In this process the same group of people meet one weekend a month for support and development of their prayer life - to transform their diverse lifestyles into contemplative ones.

Guests continue to come for retreat, immersing themselves in the daily prayer, silence and solitude of Chrysalis House for days, week, or for a longer extended stay. You are welcome to contact us for more information about any of these contemplative experiences.

Chrysalis House
235 Bellvale Lakes Road
Warwick, New York 10990
914-986-8050

NEW YORK CITY, NEW YORK

Introductory workshops are continuing to be offered at the St. Francis Church Center, 139 West 31st Street, NYC.

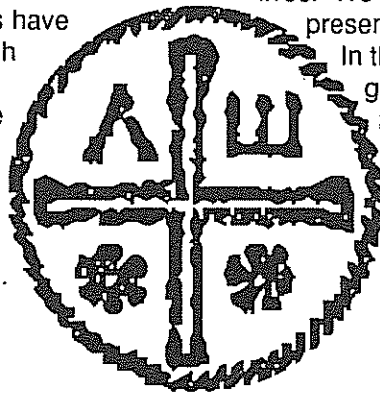
The New York City metropolitan area now has fourteen weekly support groups. For more information:

Doris Curley
212-674-3484

HOUSTON, TEXAS

As we are completing our fourth year of offering Introductory Workshops on Centering Prayer, some interesting patterns have developed. Attendance at our two evenings-per-month series has stabilized at an average of 6 to 8 people. Our all day Saturday workshops have averaged 15 to 20 people. Special parish workshops generally run 20 to 30 people. Our last Saturday of the month Resource meetings (9 until noon) averages 10 to 12 people - 80% of which are men! The smaller groups make for a more intimate presentation and encourage more personal questions.

Fred Eckart
713-660-5580



OYSTER BAY, NEW YORK

About 500 people turned out at St. Dominic's Church on June 13 for the first conference on Contemplative Prayer sponsored by the Long Island Contemplative Outreach. The response was unanticipated and quite startling. There

are 11 or 12 contemplative prayer groups on Long Island, but they are very small, usually about five or eight people. The interest sparked by the conference demonstrates that there is a hunger and a thirst for contemplative prayer.

A highlight of the day was the keynote address by Dr. Susan Muto, Executive Director and a CoFounder of the Epiphany Association, an ecumenical research, publication and resource development in the field of adult Christian formation. Dr. Muto encouraged people to take their experience of centering prayer into the world and to return to our inner person and be touched by God when confronted by the anger and hostility of others.

Msgr. James McNamara presented a workshop entitled "Contemplative Prayer and Spiritual Formation". Mary Mrozowski, of Contemplative Outreach's Chrysalis House spoke on "Forgiveness - The Key to Freedom". Fr. Robert Lauder gave a workshop on "Consciousness and Conscience". Bep Wassink, who is spiritual director of St. Dominic's Church, spoke about spiritual direction through the imagery of dreams.

Connie Silveri
516-922-2568

PORT CHESTER, NEW YORK

A few years ago, Father Arico and Gail Fitzpatrick-Hopler came here to Our Lady of Mercy Parish and introduced us to Centering Prayer. Soon after a group of us watched the first five tapes of the Spiritual Journey.

From then on eight of us came together every Tuesday evening for our two periods of Centering Prayer and sharing Lectio Divina together. Recently, we shared how each of us believed the Lord has been working in our every day lives. We have come to realize how our awareness of the presence of the Lord living deep within us has grown. In the lives of some, particular relationships have grown more patient, filled with understanding and reflecting the love we have been receiving from His Presence.

Sr. Kathleen Curtin
914-937-2440

CLEVELAND, OHIO

The Holy Spirit is moving swiftly and powerfully in our Contemplative Outreach of Ohio! We are very grateful to our God! New support groups are forming in Dayton and Euclid and possibly in Bay Village. Our staff is rejuvenated by expanding to include nine new members who have journeyed with us extensively and shared leadership in support

groups and other ways. Very positive attitudes permeated and followed our Two-Day Commuter Retreats in August, 1991 at St. Paschal Baylon School in Highland Heights and in March, 1992 at Emmaus Retreat Center in Bedford, as well as our C.O. Teleconference May 2, 1992 at Our Lady of the Elms Dominican Convent in Akron. Our 550 mailing list grows constantly as new people become attracted to Centering Prayer through the most powerful work of the Holy Spirit!

Sr. Joanne Marie Mascha
216-449-1200

HONOLULU, HAWAII

Contemplative Outreach in Hawaii is thriving. It began with an Introductory Workshop in September, 1990, sponsored by the Spiritual Life Center in Honolulu and given by Fr. Thomas Keating to more than two hundred persons from various Christian churches. Since then, through the Spiritual Life Center, we have had yearly classes on the Spiritual Journey, using Fr. Keating's videos; week-end and week-long Centering Prayer retreats; workshops at parishes, regular facilitator meetings and Renewal Days for those practicing Centering Prayer.

There are nine Centering Prayer support groups on the Island of Oahu, most of them small. The groups are ecumenical. Fr. Hal Weidner and Sr. Katherine Theiler have given an Introductory Workshop on the Island of Maui. They now have a Centering Prayer group and are viewing the Spiritual Journey videos. We hope to give the Introductory in other islands.

Sr. Katherine Theiler
808-988-7800

SANCTUARY HOUSE, SNOWMASS, COLORADO

In the Old Snowmass Valley of Colorado, just a 12-minute drive from St. Benedict's Monastery, Barbara and Bill Howell offer retreats in their cozy Sanctuary House and meditation/prayer hall. Amid 40 miles of Rocky Mountains and juniper trees around since the days of St. Francis, you can take the precious time you need for yourself. Sanctuary House, open the year round, can accommodate from a single retreatant to a family of five, in a semi-structured or unstructured retreat context, from one day to one month. The Howells offer Fr. Thomas' "Spiritual Journey" videotapes and also instruction in Centering Prayer, if you wish, as well as all the soulfriending you may require. You provide your own food and transportation, but everything else is there for you. The fee is purely donation.

Barbara and Bill Howell
1591 Gateway Road
Snowmass, Colorado 81654
303-927-3656

LONDON, ENGLAND

February 1992 saw the arrival of Fr. Carl Arico, Vice-President of Contemplative, Ltd., to begin his speaking tour of England. The visit proved to be a great success and I want to thank all who helped in any way in the organization of it. Many were also very generous in their donations.

All expressed their delight at listening to Fr. Carl's talks. He certainly helped to clarify many points. I found every talk an excellent means of revision and I now realize more than ever the importance of clarifying terminology and the need to keep to the "recipe"(the method). We do need more people trained in the method of Centering Prayer if the Movement is to develop correctly and be rightly understood. It was therefore decided at a meeting of the U.K. Core Group with Fr. Carl and Gail Fitzpatrick-Hopler, to hold a "Formation for Contemplative Outreach Service Course" here in England, possibly in the Spring of 1994. We would hope to see Fr. Thomas Keating leading the team at this course. Gail is the Executive Director of the Movement and we were delighted to welcome her to England. Gail came to see for herself, how the work was progressing and to attend meetings with the Core Group in order to plan for the future.

I am very grateful to Fr. Carl and Gail for their time, advice and support which they gave during their stay and continue to give in order to assist the development of the Movement over here. Both enjoyed their stay and were very impressed with the people they had the opportunity to meet who are already committed to the way of Centering Prayer.

Elizabeth Smith
0282-865-458
Colne, Lancs

DENVER, COLORADO

We have a new home *The Center for Contemplative Living* located at 750 Clarkson St. Denver, CO. Canon David Morgan and Rev. Sarah Butler, founders of the contemplative community, *The Order of Christ Centered Ministries*, invited us to occupy one of the two houses on the property of St. John Episcopal Cathedral. We are excited to be moving into an established contemplative prayer community which was recently recognized by the Episcopal Church as an official contemplative order.

We'd like to thank the Community of Spirit of Christ for their hospitality over the years. With this move from our former home at Spirit of Christ in Arvada to the center of our city, we have recognized that our mission is to assist the laity in their formation of contemplative spirituality lived out in the city. Because of this renewed commitment, we are forming a "center staff" and "internship program" in order to provide long-term, in-depth formation for those who are dedicated to the ministry and mission of Centering Prayer in our area.

Sr. Bernadette Teasdale
303-863-9945

AVAILABLE RESOURCES

BOOKS

Open Mind, Open Heart Thomas Keating
Contains an overview of the history of contemplative prayer in the Christian tradition and step by step guidance in the method of centering prayer.

Mente Abierta, Corazon Abierta Thomas Keating
Spanish translation of Open Mind, Open Heart

The Mystery of Christ Thomas Keating
It recovers the deeper sense of the liturgical year and shares a theological and mystical perspective on the major feasts of the annual cycle.

Invitation to Love Thomas Keating
This is an attempt to provide a road map for the journey that begins when centering prayer is seriously undertaken.

Awakenings Thomas Keating
Collection of homilies reflecting the diversities of the Church year.

Reawakenings Thomas Keating
Examines key events in the ministry of Jesus and the important parables that were recorded.

Too Deep for Words Thelma Hall
Rediscovering Lection Divina, with 500 Scripture Texts for Prayer.

Video and Audio Tapes

AUDIOTAPES:

THE KINGDOM OF GOD IS LIKE... This four tape album is a series of eight homilies by Fr. Thomas Keating on the parables.

JOURNEY TO CONTEMPLATION: Eight tape album by Fr. Thomas Keating on all aspects of the Centering Prayer practice.

THE POWER OF SILENCE: Three tape album by Fr. Carl Arico offering refreshing insights on Centering Prayer and the Spiritual Journey, taped in a retreat format.

THE DIVINE THERAPY: Four cassette album by Fr. Thomas Keating which explores the release of emotional blocks and insights into our personality that emerge with the deepening practice of Contemplative Prayer.

THE DESERT EXPERIENCE: Three cassette album of homilies by Fr. Thomas Keating on the desert experience and the Transfiguration.

VIDEOTAPES:

THE SPIRITUAL JOURNEY TAPES: 24 video cassettes by Fr. Thomas Keating. This contemporary presentation on Christian growth and transformation can be purchased as a complete set, or in four parts (6 tapes each). The tapes are also available to rent either as audio or video cassettes. Tape 6 has been revised and is available at a reduced rate. For further information contact: National Office of Contemplative Outreach at (201) 838-338 or Walter Lawson, Contemporary Communications, 7 Mesa Lane, Colorado Springs, CO 80906 (719) 632-7320.

THE SPIRITUAL JOURNEY RENTAL TAPES available: National Office 201- 838-3384 or Sanctuary House 303-927-3656.

Order Forms

Please send me the following **BOOKS**:

Open Mind, Open Heart \$10.00 + 2.00 postage/handling

Mente Abierta, Corazon Abierta \$10.00 +2.00 p/h

The Mystery of Christ \$10.00 + 2.00 p/h

Invitation to Love \$11.00 + 2.00 p/h

Awakenings \$9.00 + 2.00 p/h

Reawakenings \$9.00 + 2.00 p/h

Too Deep for Words \$5.00 + 2.00 p/h

Name _____

Street _____

City _____ ST _____ ZIP _____

Phone _____

Make checks payable to:
Contemplative Outreach, Ltd.
P.O. Box 737
Butler, N.J. 07405

Please send me the following **TAPES**:

The Divine Therapy: \$27.50 & 2.50 postage and handling.

The Kingdom of God is Like... \$23 & 2p/h.

Journey to Contemplation: \$35 & 2.50 p/h.

The Power of Silence: \$18 & 2 p/h.

The Desert Experience: \$18 & 2 p/h.

Name _____

Street _____

City _____ ST _____ ZIP _____

Phone _____

Make checks payable to:
Contemplative Outreach Ltd.
P.O.Box 737
Butler, NJ 07405

NATIONAL CALENDAR OF EVENTS

OCTOBER 1992 TO DECEMBER 1993

INTRODUCTORY CENTERING PRAYER WORKSHOPS/RETREATS

Ferdinand, IN Dec. 11-13, 1992 Kordes Enrichment Center Staff
contact: Sr. Maria Tasto, OSB
812-367-1411

Ferdinand, Jan. 25-27, 1993 Kordes Enrichment Center Staff
contact: Sr. Maria Tasto, OSB
812-367-1411

Bradenton, FL Mar. 5-7, 1993 David Frenette
Zaccheus House contact: Mimi Reilly
813-484-9543

Warwick, NY Mar. 26-28, 1993 Chrysalis House Staff
Chrysalis House contact: Cathy McCarthy
914-986-8050

Ferdinand, IN Apr. 2-8, 1993 Kordes Enrichment Center Staff
contact: Sr. Maria Tasto, OSB
812-367-1411

CONTEMPLATIVE ISSUES WORKSHOP

Snowmass, CO May 24-31, 1993 Fr. Thomas Keating and Staff
St. Benedict's contact: Pat Johnson
303-963-3964

HOLY WEEK CENTERING PRAYER RETREAT

Warwick, NY April 7-11, 1993 Fr. Carl Arico and CH Staff
Chrysalis House contact: Cathy McCarthy
914-986-80

Stillwater, NY April 4-11, 1993 Fr. Bill Fickel
Still Point House contact: Sr. Sylvia
518-587-4967

EASTER WEEK CENTERING PRAYER RETREAT

Bradenton, FL April 12-16, 1993 Mimi Reilly and Monica Freeman
Zacchaeus House contact: Mimi Reilly
813-484-9543

PARISH MISSIONS/RETREATS GIVEN BY FR. CARL J. ARICO

CONTACT: NATIONAL OFFICE- 201-838-3384

Punta Gorda, FL Jan. 16-19, 1993 Sacred Heart Parish

Fort Myers, FL Jan. 23-26, 1993 St. Vincent dePaul

Toms River, NJ Feb 27 - Mar. 3, 1993 St. Joseph's

Venice, FL Mar. 6-10, 1993 Epiphany Parish

Oreland, PA Mar. 20-23, 1993 Holy Martyrs

Princeton Jct., NJ March 27-30, 1993 St. David the King

Cheyenne, WY Sept. 25-28, 1993 Holy Trinity

Chruchill, PA Oct. 9-12, 1993 St. John Fischer

New Orleans, LA Dec. 12-15, 1993 St. Andrew Church

10-DAY INTENSIVE RETREAT

Snowmass, CO Oct 27-Nov 5, 1992 Fr. Thomas Keating and staff
St. Benedict's Monastery contact: Pat Johnson
303-963-3964

Snowmass, CO Nov 17-26, 1992 Fr. Thomas Keating and staff
St. Benedict's contact: Pat Johnson
303-963-3964

Snowmass, CO Jan. 19-28, 1993 Fr. Thomas Keating and staff
St. Benedict's contact: Pat Johnson
303-963-3964

Beechgrove, IN Jan. 21-30, 1993 Beech Grove Center Staff
Benedictine Center contact: Sr. Christine Parks
317-788-7581

Snowmass, CO Mar. 2-11, 1993 Fr. Thomas Keating and Staff
St. Benedict's contact: Pat Johnson
303-963-3964

Snowmass, CO Mar. 23-Apr. 1, 1993 Fr. Thomas Keating and Staff
St. Benedict's contact: Pat Johnson
303-963-3964.

Snowmass, CO Apr. 13-22, 1993 Fr. Thomas Keating and Staff
St. Benedict's contact: Pat Johnson
303-963-3964

Snowmass, CO May 4-13, 1993 Fr. Thomas Keating and Staff
St. Benedict's contact: Pat Johnson
303-963-3964

Snowmass, CO June 15-24, 1993 (full) Fr. Thomas Keating and Staff
St. Benedict's contact: Pat Johnson
303-963-3964

Honolulu, HI June 29-July 8, 1993 Fr. Carl Arico
Spiritual Life Center contact: Sr. Katherine Theiler
808-988-7800

Ferdinand, IN July 25-Aug. 4, 1993 Kordes Enrichment Center Staff
contact: Sr. Maria Tasto
812-367-1411

St. Paul, MN Aug. 5-14, 1993 Benectine Center Staff
contact: Maryann Carolin
612-777-7251

Snowmass, CO Sept. 7-16, 1993 Fr. Thomas Keating and Staff
St. Benedict's contact: Pat Johnson
303-963-3964

Snowmass, CO Oct. 5-14, 1993 Fr. Thomas Keating and Staff
St. Benedict's contact: Pat Johnson
303-963-3964

Snow mass, CO Oct 26-Nov 4, 1993 Fr. Thomas Keating and Staff
St. Benedict's contact: Pat Johnson
303-963-3964

Snowmass, CO Nov. 17-24, 1993 Fr. Thomas Keating and Staff
St. Benedict's contact: Pat Johnson
303-963-3964

CENTERING PRAYER RETREATS

Waldoboro, ME Nov 6-8, 1992 Wellspring House of Prayer
Wellspring contact: Adele Millette
207-832-6263

Waldoboro, ME Dec 4-6, 1992 Wellspring House of Prayer
Wellspring contact: Adele Millette
207-832-6263

Warwick, NY Dec 4-6, 1992 Chrysalis House Staff
Chrysalis House contact: Cathy McCarthy
914-986-8050

Bradenton, FL Dec 7-11, 1992 Mimi Reilly and Monica Freeman
Zaccheus House contact: Mimi Reilly
813-484-9543

Warwick, NY Feb 26-28, 1993 Chrysalis House Staff
Chrysalis House contact: Cathy McCarthy
914-986-8050

Warwick, NY May 28-31, 1993 Chrysalis House Staff
Chrysalis House contact: Cathy McCarthy
914-986-8050

Boynton Beach, FL June 11-20, 1993 Fr. Bill Sheehan
St. Vincent dePaul Seminary contact: Mimi Reilly
813-484-9543

TELECONFERENCE/INTENSIVE DAY OF PRAYER - SATURDAY, MARCH 27, 1993

contact: Gail Fitzpatrick-Hopler National Office 201-838-3384

CONTEMPLATIVE OUTREACH NATIONAL FACULTY MEETING

Warwick, NY January 2-6, 1993 contact: Gail Fitzpatrick-Hopler
Chrysalis House 201-838-3384

CONTEMPLATIVE OUTREACH COORDINATOR'S CONFERENCE

Leavenworth, KS July 19-25, 1993 Gail Fitzpatrick-Hopler
201-838-3384

FORMATION FOR CONTEMPLATIVE OUTREACH SERVICE

Snowmass, CO Dec 8-15, 1992 Contact: Pat Johnson
St. Benedict's 303-963-3964

Amarillo, TX August 2-9, 1993 Contact: Pat Johnson
Bishop DeFalco Retreat Center 303-963-3964

Snowmass, CO Dec 7-14, 1993 Contact: Pat Johnson
St. Benedict's 303-963-3964

POST-INTENSIVE RETREATS

Amarillo, TX Feb. 8-17, 1993 (full) Fr. Thomas Keating and Staff
Bishop De Falco Retreat Center contact: Pat Johnson
303-963-3964

Warwick, NY Aug. 14-23, 1993 Chrysalis House Staff
Chrysalis House contact: Cathy McCarthy
914-986-8050

Amarillo, TX Aug. 23-Sept 1, 1993 Fr. Thomas Keating and Staff
Bishop DeFalco Retreat Center contact: Pat Johnson
303-963-3964

ADVANCED RETREAT

Amarillo, TX Aug. 23-30, 1993 Fr. Thomas Keating and Staff
Bishop DeFalco Retreat Center contact: Pat Johnson(as above)

Area/Regional Contacts - Contemplative Outreach

PHILIPPINES, MAKITA, METRO, MANILA

Dasmarinas Village GracePadilla 632-810-9573
 Dasmarinas Village Lita Salinas 632-810-8826

ENGLAND

Warrington Cheshire George Mockler 0925-821-399
 Colne, Lancs Elizabeth Smith 0282-865-458

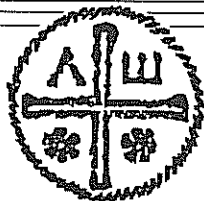
MEXICO

Lomas, Mexico City Joselyne Arellano 525-520-3120

UNITED STATES

AK Anchorage Kess Frey 907-277-0274
AL Birmingham Aloysius Golden 205-592-3930
AZ Scottsdale Jane Waldron 602-945-4103
AZ Tucson Frank Tuoti 602-749-3443
CA Pacific Palisades Gustave Reininger 213-459-7071
CA Belmont Elaine Burns 415-592-8941
CA Walnut Creek Darlene Cioffi 415-939-6805
CA Pacific Grove Paul Coletti 408-375-2705
CA San Deigo Sr. Maryanne Foy 619-224-9444
CA Sacramento J. Paul Robert 916-626-4035
CA San Dimas Fr. M. O'Loughlen 714-599-1243
CO Denver Sr. Bernadette Teasdale 303-863-9945
CO Carbondale Pat Johnson 303-963-3964
CO Snowmass Bonnie Shimizu 303-927-3858
CO Colorado Springs David Salamon 719-632-8741
CO Denver Rev. David Morgan 303-831-7115
CO Grand Junction Bobbie Kerns 303-245-3307
CO Colorado Springs Carol Goebel 719-574-8748
CO Aspen Cindy Curlee 303-925-5049
CO Boulder Barbara Hayden 303-494-2845
DC Washington Fr. Bill Sheehan 202-529-5958
FL Bradenton Donna Matthews 813-749-5010
FL Miami Zoila Diaz 305-757-6241
FL Orlando Sr. Claire Gregg 407-299-9289
FL Deerfield Beach Pat Kujan 305-421-2069
FL Tampa Bay Monica Freeman 813-393-7224
FL Venice Mimi Reilly 813-484-9543
FL Vero Beach Maureen Schlitt 407-567-3849
HI Honolulu Sr. Katherine Theiler 808-988-7800
IA Davenport Marie Howard 319-324-1911
IL Chicago Fr. Joseph Ruiz 708-848-4417
IL Chicago Sr. Kathleen 312-436-4233
IL Peoria Sr. Catherine Cleary 309-674-0225
IN Ferdinand Sr. Maria Tasto 812-367-1411
IN Beech Grove Sr. Mary Margaret Funk 317-787-3287
KS Kansas City Sr. Patricia Orlowski 913-642-7183

KY Louisville Ruth Dundon 502-349-0469
MA Pelham Connie Daniel 413-253-9451
MA Taunton Ethel Fraga 508-822-2410
MA Acton Frank Powaza 508-263-0639
MA Hingham Ed Gray 617-740-1154
MA Rockport John Crocker 508-546-3066
ME Waldoboro Adele Millette 207-832-6263
MI Laurium Rosemary LeVeque 906-337-3521
MI Essexville Msgr. Olin Murdick 517-892-9104
MN St. Joseph Sr. Katherine Howard 612-363-7100
MN St. Paul Sr. Mary White 612-777-7251
MN Duluth Meredith Schifsky 218-728-3848
MO St. Louis Fr. Bob Aten 314-961-4320 X167
NC Raleigh M/M Bob Hartye 919-676-7810
NE Omaha Tom & Coleen Hall 402-391-1766
NE Gering Joe Masek 308-436-5536
NH Manchester Sr. Maryann Laughlin 603-627-9493
NJ Bayonne Therese Saulnier 201-436-8256
NY Warwick Mary Mrozowski 914-986-8050
NY Tarrytown Judy Young 914-332-5335
NY Brooklyn Ray Tucker 718-238-3880
NY Upr Brookville Connie Silveri 516-922-2568
NY Port Chester Sr. Kathleen Curtin 914-937-2440
NY Malverne Anne Mazza 516-599-0957
NY New York Doris Curley 212-674-3484
OH Shaker Heights Frances Forde-Plude 216-921-1771
OH Pepper Pike Sr. Joann Mascha 216-449-1200
OH Cleveland Fr. Bill Fickel 216-442-3410
OK Tulsa Fr. Patrick Eastman 918-355-2328
OR Mt. Angel Sr. Antoinette Traeger 503-845-6773
OR Portland Ginny Graham 503-645-3448
PA Erie Sr. Rita Panciera 814-456-1802
PA Hollidaysburg Michelle Hartye 814-695-8632
PA Philadelphia Sr. Margaret Gradl 215-729-0437
RI Ethel Fraga 508-822-2410
SC Columbia Mary Turner 803-724-8395
TX Austin Tim & Barbara Cook 512-343-6013
TX Houston Fred Eckart Jr. 713-266-5662
TX Dallas Rev. Jerry Overton 214-521-3111
WA Spokane Sr. Dominique Long 509-483-9206
WA Seattle Paul Fiorini 206-726-0769
WI Green Bay Anne Egan 414-336-5286
WI Milwaukee Sr. Ruthmary Zabler 414-278-7300
WY Cheyenne Sr. Therese Steiner 307-635-9261



Contemplative Outreach National Office

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Editor: Therese M. Saulnier
 Editorial Board: Doris Curley
 Gail Fitzpatrick-Hopler
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Contemplative Outreach National Office
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